

October Speaker Series

Tuesday, October 5

5:15 p.m. Social, 5:45 p.m. Speaker

Healdsburg High School Library

1024 Prince Street (at Powell)

Medical Marijuana: Clinical Developments for Women's Health Issues

Martin A. Lee will speak to us on medical marijuana as it relates to women's health issues. Lee, an award-winning investigative journalist, is the author of several books including, *The Beast Reawakens* and *Acid Dreams*.



He is the co-founder of the New York-based media research group FAIR (Fairness & Accuracy In Reporting), and the former editor and publisher of FAIR's magazine *Extra!*. His articles have appeared in numerous publications in the United States and abroad, including the *Washington Post*, *Rolling Stone*, *Harpers*, *The Nation*, *Christian Science Monitor*, *New Statesman*, *Le Monde Diplomatique* and *Mother Jones*. He has been a guest on *CBS 48 Hours*, CNN, CNBC, C-Span, and NPR's *Fresh Air*.

Lee is currently writing a social history of cannabis. He is the associate editor of *O'Shaughnessy's*, the journal of cannabis in clinical practice.

Please join us at 5:15 p.m. for refreshments before the meeting and at 5:45 p.m. for Martin Lee's informative presentation. There will be time for questions after his talk.

—Pat Swaney & Ronnie Devitt, Co-Chairs

President's Message



We are off to a great year. Thanks to **Ronnie** and Tom **Devitt** who hosted our kick-off meeting. It was well attended, the food and wine were wonderful, and the weather even cooperated so we could roam in and out of the Devitt's beautiful home and garden.

I announced at the kick-off meeting that due to the success of the 2010 Historic Homes Tours, we have \$38,000 to give away in scholarships and grants. The Scholarship Committee is busy working on the distribution of these funds to the various organizations we will support. **Cathy Biggins**, **Charlene Luks** and I met with several of the HEF Board members to discuss which projects we might contribute to. They had several wonderful ideas. Cathy said, "I wish we could support them all." The Scholarship Committee will recommend to the Board which project(s) to support. We will publish the list next month after the Board approves the committee's recommendations.

We have been asked by the Santa Rosa branch to partner with them for an authors' lunch sometime in

January or February. This is a great opportunity to get to know some of their members and help with the event. Please let me know if you are interested in being on this committee.

Keep your eye on the website for the latest happenings in Community Services. **Judy Edmonds's** committee is busy organizing many events. I hear from **Louise Lambert** that the Historic Homes Tour Committee is almost in place. Give her a call if you want to help.

I am sorry to announce that **Ellen Minter**, the Communications chair person, will be moving away Sept 30. **Nancy Haiston** has agreed to take over the email blasts using Constant Contact. We will be filling the Publicity chair in the next weeks. We will miss Ellen, but wish her the best at her new location, south of Palm Springs.

Hope to see you all at our October Speaker Series. We will be hearing from Martin Lee who will discuss medical marijuana and women's health, a timely subject. Have a great October.

—Liz Loebel

AAUW Expands Help to Community

As our organization grows, we continue to assist others in the community, especially in the area of education.

As you check the web site—and we hope you do this regularly—you will see a special link to **Community Service**. This will include listings of the various AAUW programs, along with other local service programs that may be of interest to you.

Career Choices (**Leslie Everett**), Reading Rocks (**Cynthia Iverson**), GEMS (**Sue Campbell**), Expanding Your Horizons (**Margaret Johnson**), and Community VIPs (**Judy Edmonds**) are all

branch programs. You might want to review what these programs do, or consider others listed such as PSST or 10,000 Degrees.

We want to thank the following members and spouses for their help as **Community VIPs** who helped other local non-profits this summer: **Cathy Biggins, Sue Campbell, Candy & Leroy Danhausen, Nicole Loustau, Liz & Al Loebel, Charlene Luks, Sally Lyle, and Suzanne Pfau.**

We're looking forward to a great year!

—Judy Edmonds

2011 Historic Healdsburg Homes Tour

Calling all members!!! Be on the lookout for potential homes for our 2011 Historic Healdsburg Homes Tour. We are looking for appropriate homes in the historic area, within walking distance from the Museum. Obviously, we are scouting for homes that will show nicely and provide our visitors with some wonderful architectural or design elements, and good stories about restoration, renovation or history of the home or property.

If anyone you know may be interested in showcasing their lovely home for a good cause on Sunday, May 15, please call or email us so we can arrange a visitation and consultation with the owners. Since it is always more meaningful to approach a property with a referral, we are counting on all members to help us out on this important task.

Thank you!

2011 Homes Committee:
Pat Bertapelle, 433-5374. pat@vbbn.com
Charlene Luks, 433-8005. charleneluks@msn.com

Cultural Event

Join us for the next Cultural Event. On Wednesday, October 13 we will visit the Jack London State Historic Park in Glen Ellen. Entry fee is \$7 per car. We will plan on car-pooling from the Park and Ride lot by Giorgio's Restaurant, meeting at 9:00 a.m.

Among the attractions to be found in the park is the House of Happy Walls Museum, built by Charmian London as a memorial to her husband's life and work. An



option is to make the 1.5 mile walk to Jack London's gravesite and to the remains of the Wolf House mansion, suspiciously burned to the ground shortly before the Londons were scheduled to move in.

After our tour we will have lunch at the Citti Deli in Kenwood. Please RSVP to me by October 7 at mjcorson@hughes.net or 433-7216. We will need to make lunch reservations at Citti's. If we have rain, we will reschedule the tour.

—Mary Jane Corson

Great Decisions: a Discussion Group

We have several people signed up for the *Great Decisions* discussion group. We will be meeting on the third Tuesday of the month at 10 a.m. at my home. We will limit this first group to ten people. There is a study book and the format, at least for the present, will be to read the lesson beforehand and to come prepared to discuss the topic. Our first topic of discussion will be U.S. and China Security Relations. The group will decide the next topic.

Discussion Topics for 2010:

- Special Envoys
- Kenya and R2P
- Global Crime
- U.S.—China Security Relations
- Global Financial Crisis
- Russia and Its Neighbors
- The Persian Gulf
- Peacekeeping and Conflict Resolution

Discussion Topics for 2011:

- Rebuilding Haiti
- US National Security
- Horn of Africa
- Responding to the Financial Crisis
- Germany Ascendant
- Sanctions and Nonproliferation
- The Caucasus
- Global Governance

If you are interested, please call or email me, 431-0706 or cspfau@sbcglobal.net.

—Suzanne Pfau

Would You Like to Participate in eScrip ?

EScrip is an easy and painless way for our shopping dollars to raise money for our scholarship funds. EScrip and merchant partners have created a system that rewards customer loyalty by contributing a percentage of purchases to your chosen group or groups. You just register your grocery club card and/or debit/credit cards with eScrip and every time you shop, the participating merchants contribute a percentage of your purchases to your chosen group.

It is easy to sign up. Just go to www.escrip.com and go to "sign up." **To designate our group to receive contributions, enter our group ID #0137601676.**

If you have any questions, or wish to sign up via hardcopy, contact me at jhp94107@yahoo.com

—Judith Patterson

Friday Lunch Group

The **Friday Lunch Group** is pleased to announce a fabulous lunch at **Spoonbar**, the new restaurant in the recently opened **h2 hotel**,



219 Healdsburg Ave., on Friday, October 29 from 12 noon to 2 p.m. The cost will be \$25.00, inclusive of gratuities, tax, coffee or tea. Wine will be extra, about \$6 per glass.

And, of course, there will be a surprise prize given away to some lucky woman.

Please make your reservations early to Helaine at hsliebchen2@comcast.net or 433-2711.

—Helaine Scholze

We Still Need Photographers

Healdsburg AAUW still needs photographers who would enjoy taking photographs at our socials, interest groups, Homes Tour, community service activity, scholarship or any AAUW event or function you attend. Your photographs will be used on our website, in the *Grapevine* and for PR in the local newspapers.



It's easy. You just show up at the event with your camera and click away. Are you interested? Email **Nancy Haiston** at nhaiston@earthlink.net or call her at 877-0222.

WANTED: Member News Articles

We know that AAUW members are always doing something special or going somewhere interesting, exciting and unusual. Wouldn't you like to share those experiences by submitting an article for publication in the *Grapevine*? Photographs always add to one's story

Please send your articles and photos to the Editor, Sally Lyle, sallyle3232@sbcglobal.net, by the 15th of the month. **We hope to hear from you!**

Additions to the 2020-2011 Membership Directory

Myrna Green

mg1gull@yahoo.com

Lisa Grotts

lisa@amlgroup.com

Member News

Sandy Beddow, Lynne Brett, Mary Jane Corson, Sheila Kneass, Sally Lyle, Ann Mahoney, Dee McGuffey and Connie Sears and three friends recently returned from spending 18 days in Turkey; by all accounts, it was a wonderful trip. The guide, a PhD candidate whom Sally met on a previous trip, did a stellar job sorting out the countless cultures scattered throughout the tour.



Enjoying a cup of tea after a vigorous scrub down in an 18th century Turkish bath or “hamam.”

In addition to visiting the old and new delights of Istanbul, they traveled south from Izmir (ancient Smyrna) along the Aegean to Bodrum, sailed and swam in the Mediterranean, going as far east as Antalya and hiked and walked through many ancient ruins. They were lucky to meet their guide’s fiancé and her parents, and go to her bridal gown fitting. The Turkish food was delicious and the accommodations were intimate and diverse. It was a most memorable adventure for all.



Taking a much-needed break while exploring Ephesus.

An unusual highlight for some was attending the U2 concert in the Ataturk Olympic Stadium. It was Bono’s first performance in Istanbul and “the crowd of over 50,000, and our small group, loved it.”

In September, **Doris Golden, Jane Oriel and Gloria Norton** rented a townhouse in Seville, Spain in an area that at one time had been the Jewish ghetto. It was centrally located and within walking distance of most of the principal tourist sights and shopping areas which they visited almost daily.

As they cooked many meals in their house, they shopped the wonderful markets and savored the fresh vegetables, fish and meats, olives, cheese, and, of course, wines. It was very hot in the afternoons, and most all shops were closed, so they did most of their sightseeing and shopping in the mornings, rested and read in the afternoons, then prowled the night life after six.

The three women took day trips to Cadiz on the Atlantic, with a stop at Italica, an amazing site of Roman ruins of a city built in 206 BC, and to Cordoba on the fast train, an experience in itself. Because of all the walking they were really able to experience the flavor of Seville and Cordoba.

After working for three years in China, **Jean Short** is finally returning home. Her job as principal of Qingdao American International School ended at the end of June.

Since leaving China she’s visited friends in Germany, been on a Mediterranean cruise with former Healdsburg AAUW charter member Kathy Tyneman Windsor, spent several weeks in London taking a course at Oxford, enjoyed plays, traveled with English friends, sailed to New York on the RMS Queen Elizabeth 2 and went to see her son and his family in Maryland. Then she purchased a black Lexus convertible in which she is criss-crossing the country visiting family in Minnesota and many friends elsewhere.

She hopes the renters will have vacated her house for her arrival on October 1. Her new phone number will be 707-228-9432.

New Member Profiles

Tanya Enders Beach

Tanya moved to Healdsburg three years ago after searching for a small town reminiscent of her hometown of Ashland—small, beautiful, and intellectually stimulating. Her route to AAUW came circuitously through her lifelong love of music and her decision to join the Healdsburg Chorus, which led to an introduction to the Garden Club followed by the suggestion to join a book club whose members introduced her to AAUW.

Fortuitous introductions seem to be commonplace for Tanya, who met her husband ten years ago at their high school reunion; they attended their 50th high school reunion together this summer. Currently Tanya has been having a lot of fun putting in a backyard garden from scratch. In her spare time she is re-learning Spanish, her first language as a child, and one she has encouraged her children to master. As a result, they are involved in international pursuits.

After many years of travel and responsibility for aging parents, Tanya feels blessed to have the time to be able to pursue her many interests and add new ones like pilates and yoga.

Lynne Murphy

Lynne Murphy is a native Californian who grew up on the Peninsula and always knew she would return despite working on the East coast. Five years ago the timing was right and she moved to Healdsburg, influenced by friends who lived locally and the many wonderful visits she had experienced here.

She continues to commute to Washington DC for her job as an advisor and facilitator to non-profits. While her cross-country commutes are becoming less frequent, she stays busy with interest in several local non-profits, including a Board position on the California Institute for Integral Studies based in San Francisco and the Sonoma Land Trust.

Lynne is delighted to be in an area where she can support and participate in the Slow Food movement. Her latest endeavor is to expand what she refers to as a “channeling practice” called “Sacred Conversations” a lifelong interest of hers she views as a “joy and service” more than a business for those who wish to explore more of a reflective, spiritual place in their lives.

Judith Olney

Judith Olney manages a professional consulting firm, Milestones Management Resources LLC, which specializes in managing large, complex projects—taking projects from the strategy phase through to implementation. In her spare time, Judith takes an active role in protecting the rural integrity of her beloved Sonoma County.

Judith brings over 30 years of experience as a project manager, as well as a Masters in natural resource planning from UC Berkeley, to her role as VP of the Clean Water Coalition, VP of the Dry Creek Valley Association and legal liaison to the Westside Association to Save Agriculture.

Louise Longar

Louise loves people, and it shows in her choice of work. For many years, with six tour companies in San Francisco, she toured visitor groups to a wide variety of San Francisco activities, working with interpreters as needed. Nine years ago, she and husband John moved to Santa Rosa and Louise became a culinary assistant, even assisted a White House pastry chef giving a class at Sur La Table. She paints, writes poetry, studies languages. She considers Italy her second home and has taken art and architecture classes there; her many trips to visit relatives and friends helped her absorb the culture and the language. She looks forward to hiking in the AAUW group.

New Member Profiles, continued

Carol McKnight

From a small town of 850 residents in Colorado, Carol came to Healdsburg and taught at Healdsburg Junior High for 21 years. At her retirement she wished to develop an early interest in using the subconscious mind to help troubled youths. She then trained as a hypnotherapist and in her practice specializes in insomnia problems and smoking cessation. Her father had died from a smoking related illness and Carol vowed that she would make it her mission to end smoking.

In AAUW she wants to join the afternoon book club, Peakbaggers hikers, and the *Great Discussions* group.

—Louise Lambert & Mary Ann Mayo

National and State AAUW

AAUW National is seeking nominations for the 2011 Eleanor Roosevelt Fund Award to honor an individual, project, organization, or institution for outstanding contributions to equity and education for women and girls. The award is given for a broad range of activities including classroom teaching, education and research, and legal and legislative work in equity for women and girls. While the award focuses on education, the recipient need not be an educator. Visit our www.aauw.org to receive more information, including nomination forms.

Spend a little time getting to know the state website, www.aauw-ca.org. On the left hand side of the home page is a heading called "Advocacy." Clicking on this will bring you to LAF, Public Policy and International. Click on these and you may find something of interest including the California Budget Study.

—Suzanne Pfau

Have You Renewed Your Safeway for 2010-2011?

Thanks to all of our Healdsburg AAUW participants and the support of Safeway Stores, Inc., the contributions from eScrip have made a significant impact in our fundraising efforts this past year toward our scholarship program.

If you would like to continue making an impact by generating Safeway contributions to our scholarship fund, (at no cost to you), you must renew your commitment to the Safeway Stores eScrip program before November 1. It is quick and easy to renew. Simply visit www.escrip.com and click on "Yes! Renew."

You must renew annually by November 1 for uninterrupted contributions. And remember, renewing after November 1 will reinstate contributions from that date forward.

Thank you for your continued support of the AAUW Scholarship program. Please contact me at jhp94107@yahoo.com if you have any questions about renewal.

—Judith Patterson

The *Grapevine* is published online each month, except in July and August. Mailed subscriptions are available for \$20 per year. Please submit articles, announcements, and photographs by the 15th of the month for the following month to the *Grapevine* Editor, Sally Lyle, sallyle3232@sbcglobal.net.